<u>THE UNSW STAFF SOCIAL CLUB</u> (www.staffsocial.unsw.edu.au) Day Trip to Kulnura including visits to Avocado Farm, Grace Springs Farm, Pick-Your-Own Oranges and Lunch Sunday 14 November 2021 (Please note all locations to be visited are following Covid-19</u>

<u>guidelines and will only allow visitors who are doubly vaccinated and</u> will ask for a proof of your Medicare/Australian Government Covid-19 <u>Certificate – so please ensure that you have the information ready</u>

Approximate Itinerary

8.00sharp	Leave UNSW (just outside Gate 14, Barker St).
9.30-10.15	Morning tea – McDonalds – Lisarow (own expense).
10.45-11.45	A visit to Avocado Farm including a Farm Tour (no picking allowed).
12.00-1.15	Lunch at Mangrove Mountain Memorial Club & Golf Course.
1.30-2.30	A visit to Grace Springs Farm (farm tour).
2.45-3.45	Farm Tour at Wyuna Farm and Pick-your-own oranges
5.30 Appox	Arrive UNSW

Kulnura s a suburb of the Central Coast region of New South Wales, located north of Mangrove Mountain along George Downes Drive. It is within Central Coast Council local government area. Kulnura's name is an Aboriginal word meaning "in sight of the sea" or "up in the clouds", It was named in 1914 by a meeting of the early pioneers Messrs Archibold, Collins, Gatley, Penn, Young, Williams and Gibson. Its population of approximately 600 people rely mostly on the town's fruit and cattle industries for income, however many commute to regional centres of Gosford, Wyong and even to Sydney for work. It is also home to the biggest catchment area on the Central Coast, Mangrove Creek Dam which has a capacity of 190,000 ML.

Peruch Avocado Farm - Farm Tour:



They are a small second generation citrus farm, and have branched out into Hass avocado production. They have been growing avocados for approx. 27 years, and the citrus trees are about 45+ years old. They have 4 beautiful spring fed dams on the property and their farm is also home to a small beef cattle herd, some geese and chickens.

A farm tour will be conducted. You will be able to view avocados on the trees (but NO pick your own). However you will be able to buy avocados from the farm.



Mangrove Mountain Memorial Club & Golf Course: :

The Club is situated in Central Mangrove. It boasts some of the finest views looking out over the Golf Course and surrounding countryside and on a clear day the white caps on the ocean can be seen. Lunch consisting of a main meal, dessert and coffee will be served. (drinks at own expense).



Grace Springs Farm - Farm tour with a light lunch/sausage sizzle



Grace Springs Farm is a very small family run farm on the NSW Central Coast. They produce grass fed and grass finished beef, pastured eggs, pastured chicken, pastured muscovy duck, vegetables, garlic, as well as honey. They move all of their animals onto fresh pasture on a regular basis, allowing the animals to express their natural behaviours. They farm without the use of chemicals. Their main aim is to model sustainable farming, always working to improve the health of the soil and the pastures. They believe that healthy soils = healthy pastures = healthy animals.

We will be taken around to see the ducks, chooks, cows, calves, beehives and market garden. They explain why they farm the way they do and what is involved in chemical free farming. This is an informative and interactive tour. We will have the opportunity to cuddle the chooks and pat the calf.

There will also be some products to purchase. You can bring a cool bag if you wish.

Wyuna Farm – Pick Your Own Oranges and Farm Experience :



People tell them they have the best oranges they have ever eaten. Is it the chicken manure or the fact they don't use chemical sprays on the trees? Could be a combination of the two, however they thought they would share the experience with others.

During the visit to Wilson's Wyuna Farms, we will hear about the history of this fourth generational farm and how it has evolved since Lorraine's father, Ray Walpole, settled here in 1935, aged 15. Or just chat with Rodger, Lorraine, Greg or Kate and pick your own oranges to take home.

You will be provided with a bag and you can fill it by picking up your own Summer Valancias oranges. (at no cost). If you wish to purchase more oranges then it would be at your own expense.

Cost including: transportation from and to UNSW, farm tour at Peruch Avocado Farm (with an opportunity to purchase fresh avocados), farm tour at Grace Springs Farm, pick-your-own oranges (one bag of oranges free of charge) at Wyuna Farm and lunch :

Member (and one guest each at \$65): \$65;

Guests: \$75 each

Sorry no telephone bookings and no refunds. For any enquiries: please contact Nadia Withers, 0410-669-567 or nadia.withers@hotmail.com -

To : Nadia Withers, 63 Jennings St., Matraville 2036.

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Deadline: Wednesday, 3 November 2021.

Name: -----

Email Address: ------Mobile No.: -----

Dietary Requirement (if any):	
places at \$65 each (max. 2 each at \$65)	\$
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places at \$75 each	φ

Total

Bank Transfer OK – contact Nadia for details (nadia.withers@hotmail.com)